



January 26th - May 11th

No class March 23rd and 30th

In Person Class 5:30 - 7:30 pm  
at the Paul Derda Rec Center

Register here:



BECC PRESENTS

# INCREDIBLE YEARS- PARENT PROGRAM

14 week program to strengthen your  
parenting skills and family bond

## BUILD PARENTING SKILLS TO INCREASE FAMILY SUCCESS

Incredible Years (IY) will be held in person with childcare provided. It is a 14-week, in depth program that supports parents of children 3-6 years old with:

- skills to improve a child's academic, social and emotional success.
- reduce stress in the home by creating routines and age appropriate incentives.
- connection to other parents for networking, practice new techniques and discuss successes

Child care is included and dinner for parents is available (snacks for children).  
This training is at NO COST to the participant. Prizes and incentives are provided for ongoing participation!

Register today at:  
[www.broomfieldecc.org/family-support](http://www.broomfieldecc.org/family-support)

